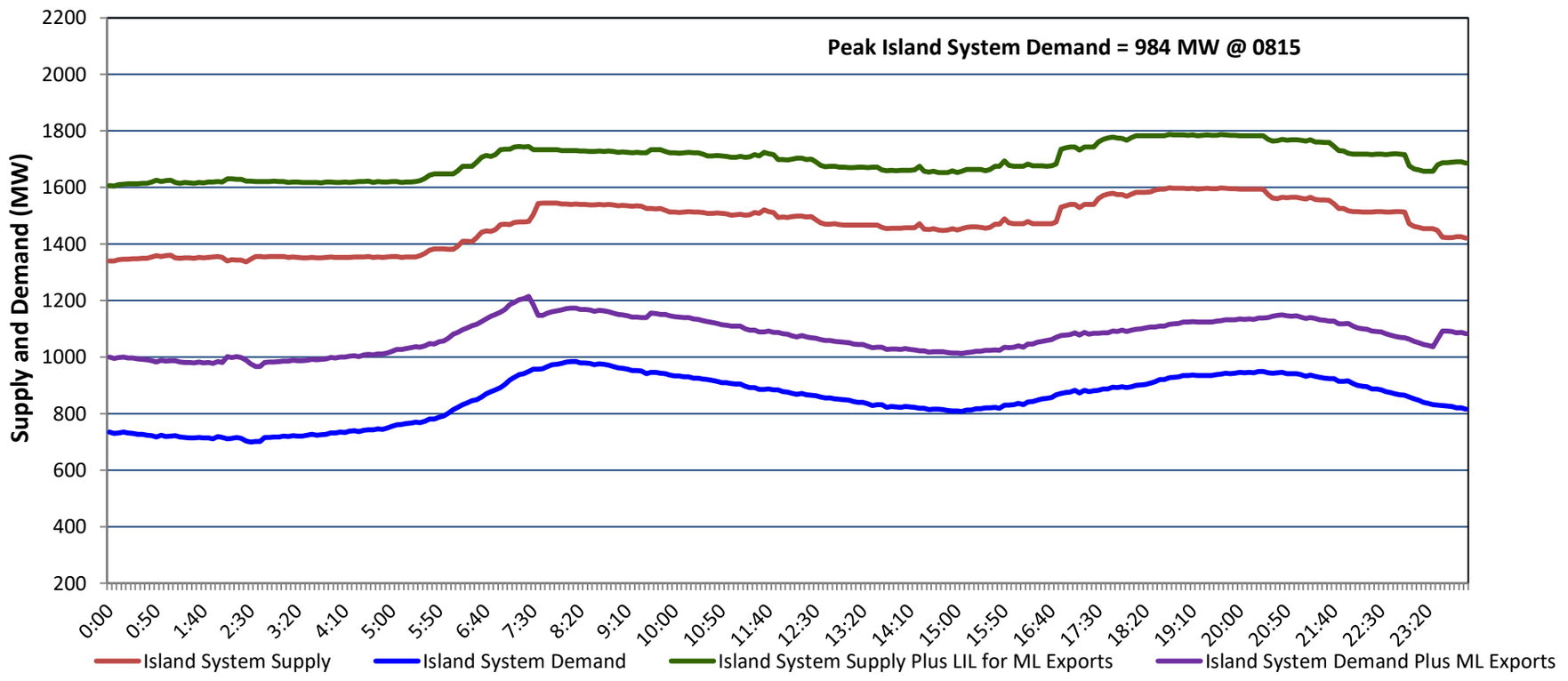
Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Thursday, October 22, 2026

Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Wednesday, October 21, 2026



Island Supply Notes For October 21, 2026 [1]

A	As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
B	As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
C	As of 0943 hours, September 26, 2026, Holyrood Unit 3 available but not operating (150 MW).
D	As of 0929 hours, October 13, 2026, Upper Salmon Unit unavailable due to planned outage (84 MW).
E	As of 0930 hours, October 18, 2026, Holyrood Combustion Turbine unavailable due to planned outage (123.5 MW).
F	As of 1354 hours, October 19, 2026, St. Anthony Diesel Plant available at 6.85 MW due to forced derating (9.7 MW).
G	At 1650 hours, October 21, 2026, Holyrood Unit 1 available at full capacity (170 MW).

Section 2
Island Interconnected System - Supply, Demand & Outlook

Thu, Oct 22, 2026	Island System Outlook[2]		Seven-Day Forecast	Island System Daily Peak Demand (MW)	
				Forecast[8]	Adjusted[6]
Island System Supply:[4]	**1,603**	**MW**	Thursday, October 22, 2026	**1,065**	**1,015**
NLH Island Generation:[3,7,10]	1,085	MW	Friday, October 23, 2026	1,065	1,015
NLH Island Power Purchases:[5]	95	MW	Saturday, October 24, 2026	1,050	1,000
NP and CBPP Owned Generation:	180	MW	Sunday, October 25, 2026	1,005	955
LIL Net Imports to Island:[9]	243	MW	Monday, October 26, 2026	980	930
			Tuesday, October 27, 2026	1,050	1,000
7-Day Island Peak Demand Forecast:	**1,135**	MW	Wednesday, October 28, 2026	1,135	1,085

Island Supply Notes For October 22, 2026

Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. As of 0800 Hours.
3. Gross continuous unit output.
4. Gross output from all Island sources (including Note 3).
5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
8. Does not include ML Exports.
9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.
10. Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak

Wed, Oct 21, 2026	Island Peak Demand[11]	8:15	984	MW
	Exports at Peak		189	MW
	LIL Net Imports to Island		3,300	MWh
Thu, Oct 22, 2026	Forecast Island Peak Demand		1,065	MW

Notes: 11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).